9/28/25 Cayucos Community Church

A New Wardrobe
Ephesians 4:17–24

<u>Sermon Discussion Questions</u>

1. What did the Holy Spirit teach you through this week's passage and message?

2. Ephesians 4:20–21marks a pivot point in the flow of this passage—making a distinction between the OLD manner of living before Jesus and NEW life in Christ. Read 2 Corinthians 5:17—how does coming to Jesus mark a pivot point in a person's life?

3. In Ephesians 4:22–24, Paul encourages Jesus' followers to: 1. PUT OFF the old self (v. 22), 2. Be RENEWED in your spirit (v. 23), and 3. PUT ON the new self (v. 24). Discuss this imagery and sequence. What part of this process is most difficult for you? What part of this process brings you hope? What practices in your life help you to profitably engage in this process?

4. Read Ephesians 4:22. Paul exhorts Jesus' people to lay off their old selves. What part of your old way of living are you most tempted to go back to? How do you successfully avoid putting on that old t-shirt?

5. Read Ephesians 4:23 and Romans 12:2. Discuss the process of being renewed. How does renewal occur in a believer's life? How often is renewal needed? What posture best ensures God's renewal takes place in your own heart?

6. Ephesians 4:20–21 talks about '*learning* Christ' and being '*taught* in him' just as the 'truth is in Jesus.' Read the following passages: John 1:14; Ephesians 4:15; Romans 16:17; and, 2 Timothy 3:14. How has God communicated to his people through Jesus—and how are Jesus' followers taught & grown up in Christ? Discuss.

<u>Please Note</u>: These questions are intended to serve as a platform for God's never-changing truths to come to bear on the current, real-time situations of our lives. The goal is *not* to answer each question. The goal is to follow Jesus with one another in the everyday stuff of life—as together we grow in Jesus, our love for one another, and his calling in our lives.